

# RETURN TO WORK STATUS FORM

TO: EXAMINING HEALTH CARE PROVIDER

RE: \_\_\_\_\_  
Name of Employee

FROM: \_\_\_\_\_  
Name of State Agency

\_\_\_\_\_  
Employee ID #

It is our desire to assist our employee and your patient to return to work as soon as possible and to assist him/her in performing essential job functions at this agency. The information you provide on this form is vital to us regarding the:

- A. employee's working without risk of further injury;
- B. provision of a temporary duty assignment if necessary that meets the employee's needs and the needs of this agency;
- C. provision of any temporary reasonable accommodations to aid the employee in performing his/her duties.

If you have any questions regarding the information requested on this form, please contact:

Carolina Bryan, HR Specialist  
Name and Title

(409) 880-8375  
Phone Number

## TO BE COMPLETED BY PHYSICIAN:

(See reverse side for physical requirements of employee's duties.)

Considering this employee's job duties and health condition, this employee may perform work in the following manner:

\_\_\_ **FULL DUTY** (no restrictions) beginning: \_\_\_\_\_  
Date

\_\_\_ **TEMPORARY ASSIGNMENT** (Modified or Alternate Duty) beginning: \_\_\_\_\_  
Date

Estimated Length of Temporary Assignment: \_\_\_\_\_  
 Full-Time  Part-Time ( \_\_\_\_\_ hours per day)  
(Please indicate restrictions to duty on reverse side)

\_\_\_ **OFF WORK** until re-evaluated, beginning on: \_\_\_\_\_  
Date

Date of next office visit: \_\_\_\_\_  
Date

\_\_\_\_\_  
Physician's Signature Date

## FOR AGENCY USE:

Temporary Duty Assignment Begins: \_\_\_\_\_ Ends: \_\_\_\_\_  
Temporary Duty Assignment: \_\_\_\_\_

\_\_\_\_\_  
The specific duties of the temporary assignment must be provided in a written offer of employment.

## EMPLOYEE INSTRUCTIONS:

Return this form to your supervisor immediately after each visit to your health care provider.

**INSTRUCTIONS TO HEALTH CARE PROVIDER:**

The physical requirements below, marked with an "X", are those required of the employee in performance of his/her duties. Please mark the indicated column with a response of "Yes" if the employee can accomplish that specific task.

\* **DUTY** Sections– Supervisor indicates with an "X" those that are applicable.

\*\* **YES/NO** Sections – Marked by Health Care Provider for each duty indicated by supervisor.

<u>DUTY</u>	<u>REQUIREMENTS</u>	YES	NO	<u>DUTY</u>	<u>REQUIREMENTS</u>	YES	NO
<input type="checkbox"/>	Heavy lifting, 45 lbs. & up	_____	_____	<input type="checkbox"/>	Heavy carrying, 45 lbs. & up	_____	_____
<input type="checkbox"/>	Moderate lifting, 15-45 lbs.	_____	_____	<input type="checkbox"/>	Moderate carrying, 15-45 lbs.	_____	_____
<input type="checkbox"/>	Light lifting, up to 15 lbs.	_____	_____	<input type="checkbox"/>	Light carrying, up to 15 lbs.	_____	_____
<input type="checkbox"/>	Straight pulling	_____	_____	<input type="checkbox"/>	Pulling hand over hand	_____	_____
<input type="checkbox"/>	Repeated bending	_____	_____	<input type="checkbox"/>	Reaching above shoulders	_____	_____
<input type="checkbox"/>	Simple grasping	_____	_____	<input type="checkbox"/>	Dual simultaneous grasping	_____	_____
<input type="checkbox"/>	Walking	_____	_____	<input type="checkbox"/>	Standing	_____	_____
<input type="checkbox"/>	Sitting	_____	_____	<input type="checkbox"/>	Crawling	_____	_____
<input type="checkbox"/>	Twisting	_____	_____	<input type="checkbox"/>	Kneeling	_____	_____
<input type="checkbox"/>	Pushing	_____	_____	<input type="checkbox"/>	Stooping	_____	_____
<input type="checkbox"/>	Climbing Stairs	_____	_____	<input type="checkbox"/>	Climbing ladders	_____	_____
<input type="checkbox"/>	Operating mechanical equip.	_____	_____	<input type="checkbox"/>	Operating office equipment	_____	_____
<input type="checkbox"/>	Specify: _____	_____	_____	<input type="checkbox"/>	Specify: _____	_____	_____
<input type="checkbox"/>	Operating a motor vehicle	_____	_____	<input type="checkbox"/>	Hearing	_____	_____
<input type="checkbox"/>	Speaking	_____	_____	<input type="checkbox"/>	Depth perception needed	_____	_____
<input type="checkbox"/>	Ability to type	_____	_____	<input type="checkbox"/>	Ability to see	_____	_____
<input type="checkbox"/>	Ability to write	_____	_____	<input type="checkbox"/>	Ability to read	_____	_____
<input type="checkbox"/>	Must be able to intervene with individuals in combative or aggressive situations in an emergency	_____	_____			_____	_____
<input type="checkbox"/>	Must be able to perform Cardiovascular Pulmonary Resuscitation (CPR) in an emergency	_____	_____			_____	_____

**OTHER ACTIVITIES SPECIFIED BY SUPERVISOR:**

- \_\_\_\_\_
- \_\_\_\_\_

**PLEASE SPECIFY ANY ADDITIONAL RESTRICTIONS TO DUTY:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_  
Physician's Name (Printed)

\_\_\_\_\_  
Physician's Signature

\_\_\_\_\_  
Date