



Dear

Thank you for leaving me your baby tooth. It is very special and I will treasure it forever. In return, I am leaving you a special gift. I hope you like it! **Soon, you will have another surprise – a new tooth to replace the one you have lost.** Treat your new tooth well because you will want to keep it for a long, long time.

Here's what you can do:

- ★ Brush your teeth at least twice every day.
- ★ Use a toothpaste with fluoride to help your teeth stay strong.
- ★ Eat lots of fruits and vegetables. Try not to eat a lot of candy, sweets, or snacks.
- ★ Floss at least once a day.
- ★ And be sure to visit your dentist – he's a good friend of mine.

I'll visit again, the next time you lose a tooth. Until then, keep smiling!

Your friend,

Tooth Fairy

