Jaeger Eye Chart

DIRECTIONS FOR USE

The Jaeger eye chart (or Jaeger card) is used to test and document near visual acuity at a normal reading distance. Refractive errors and conditions that cause blurry reading vision include astigmatism, hyperopia (farsightedness) and presbyopia (loss of near focusing ability after age 40).

If you typically wear eyeglasses or contact lenses full-time, you should wear them during the test.

1. Hold the test card 14 inches from the eyes. Use a tape measure to verify this distance.

2. The card should be illuminated with lighting typical of that used for comfortable reading.

3. Testing usually is performed with both eyes open; but if a significant difference between the two eyes is suspected, cover one eye and test each eye separately.

4. Go to the smallest block of text you feel you can see without squinting, and read that passage aloud.

5. Then try reading the next smaller block of text. (Remember: no squinting!)

6. Continue reading successively smaller blocks of print until you reach a size that is not legible.

7. Record the “J” value of the smallest block of text you can read (example: “J1”).

DISCLAIMER:

Eye charts measure only visual acuity, which is just one component of good vision. They cannot determine if your eyes are “working overtime” (needing to focus more than normal, which can lead to headaches and eye strain). Nor can they determine if your eyes work properly as a team for clear, comfortable binocular vision and accurate depth perception. Eye charts also cannot detect serious eye problems such as glaucoma or early diabetic retinopathy that could lead to serious vision impairment and even blindness.

Only a comprehensive eye exam performed by a licensed optometrist or ophthalmologist can determine if your eyes are healthy and you are seeing as clearly and comfortably as possible.
able treaty, the restitution of the standards and prisoners which had been taken in the defeat of Crassus. His generals, in the early part of his reign, attempted the reduction of Ethiopia and Arabia Felix. They marched near a thou-

sand miles to the south of the tropic; but the heat of the climate soon repelled the invaders, and protected the unwarlike natives of those sequestered regions.

The northern countries of Europe scarcely deserved the expense and labor of conquest. The forests and morasses of Germany were filled with a hardy race of barbarians who despised life when it was separated from freedom; and though, on the first attack, they seemed to yield to the weight of the Roman power, they soon, by a signal...