

Eye Chart



Please follow these simple rules to use this chart as a guide to help you discover the suitable strength for your reading glasses

- 1. PRINT THIS PAGE ON A4 PAPER**
- 2. POSITION THE PAPER APPROXIMATELY 36cm FROM YOUR EYES (14inches)**
- 3. STARTING AT THE TOP, WORK YOUR WAY DOWN THE CHART BELOW.**
- 4. THE FIRST LINE YOU CAN READ INDICATES THE STRENGTH THAT IS SUITABLE FOR YOU.**

If you can read this clearly select Diopter +1.00
If you can read this clearly select Diopter +1.50
If you can read this clearly select Diopter +2.00
If you can read this clearly select Diopter +2.50
If you can read this clearly select Diopter +3.00
If you can read this clearly select Diopter +3.50
If you can read this clearly select Diopter +4.00
If you can read this clearly select Diopter +4.50

* *

For near vision and reading only. Not for driving or vehicle operation, distance vision or use as eye protection.
Only regular eye-care professional eye examinations can determine your visual needs and eye health.