

Northwest Community Care Network
PROGRESS NOTE: CHRONIC PAIN MANAGEMENT

Patient Name: _____
 DOB: _____

Date of Visit: _____
 Chart Number: _____

<p>ANALGESIA</p> <p><i>Scale of 0-10 (0 = no pain; 10 = worst pain imaginable) rank:</i></p> <p>1. What was your pain level on average during the past week? _____</p> <p>2. What was your pain level at its worst during the past week? _____</p> <p>3. Compare your average pain during the past week with the average pain you had before you were treated with your current pain relievers. What percentage of your pain has been relieved? _____</p> <p>4. Is the amount of pain relief you are now obtaining from your current pain relievers enough to make a real difference in your life? Yes _____ No _____</p>	<p>ACTIVITIES OF DAILY LIVING</p> <p>Physician observation comparing usual functioning during the past month with usual functioning before being treated with current pain reliever(s):</p> <p>B = Better S = Same W = Worse</p> <p>Physical functioning: _____</p> <p>Family relationships: _____</p> <p>Social relationships: _____</p> <p>Sleep patterns: _____</p>																					
<p>ADVERSE EVENTS</p> <p>Is patient able to tolerate current pain relievers? Yes _____ No _____</p> <p>Is patient experiencing any side effects from current pain relievers? (i.e. constipation, itching, mental clouding, other) Yes _____ No _____</p> <p>Detail: _____</p>	<p>POTENTIALLY ABERRANT DRUG-RELATED BEHAVIOR</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 70%;">Using EtOH?</td> <td style="width: 10%; text-align: center;">Yes</td> <td style="width: 20%; text-align: center;">No</td> </tr> <tr> <td>Using illicit drugs?</td> <td style="text-align: center;">Yes</td> <td style="text-align: center;">No</td> </tr> </table> <table style="width: 100%; border: none;"> <tr> <td style="width: 70%;">Requests frequent early renewals</td> <td style="width: 10%; text-align: center;">Yes</td> <td style="width: 20%; text-align: center;">No</td> </tr> <tr> <td>Increased dose without authorization</td> <td style="text-align: center;">Yes</td> <td style="text-align: center;">No</td> </tr> <tr> <td>Reports lost or stolen prescriptions</td> <td style="text-align: center;">Yes</td> <td style="text-align: center;">No</td> </tr> <tr> <td>Attempts to obtain prescriptions from other doctors</td> <td style="text-align: center;">Yes</td> <td style="text-align: center;">No</td> </tr> <tr> <td>Changes route of administration</td> <td style="text-align: center;">Yes</td> <td style="text-align: center;">No</td> </tr> </table>	Using EtOH?	Yes	No	Using illicit drugs?	Yes	No	Requests frequent early renewals	Yes	No	Increased dose without authorization	Yes	No	Reports lost or stolen prescriptions	Yes	No	Attempts to obtain prescriptions from other doctors	Yes	No	Changes route of administration	Yes	No
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<p>INTERIM HISTORY</p> <p>Employment: _____</p> <p>Social Support: _____</p> <p>Mental Health: _____</p> <p>Physical Activity: _____</p> <p>Social Activity: _____</p>	<p>ASSESSMENT/PLAN</p> <p><input type="checkbox"/> FAQ performed <input type="checkbox"/> Screened for depression</p> <p><input type="checkbox"/> Care Plan reviewed/updated</p> <p><input type="checkbox"/> Urine drug screen performed</p> <p style="padding-left: 40px;">Result: _____</p> <p><input type="checkbox"/> Continue regimen</p> <p><input type="checkbox"/> Changes made: _____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>Next visit: _____</p>																					

Modified from: "Expert Guide to Pain Management", edited by Bill McCarberg and Steven D. Passik. ©2005, American College of Physicians.