Group Therapy Progress Note

Client: __________________________________________________   Date: ___________
Group name:________________________________________________   Minutes: _______
Group session # ______   Meeting attended is #:______ for this client.
Number present in group _____ of _____ scheduled   Start time: _______   End time: _______

Assessment of client

1. Participation level: ❑ Active/eager ❑ Variable ❑ Only responsive ❑ Minimal ❑ Withdrawn
2. Participation quality: ❑ Expected ❑ Supportive ❑ Sharing ❑ Attentive ❑ Intrusive
   ❑ Monopolizing ❑ Resistant ❑ Other: ________________________________
3. Mood: ❑ Normal ❑ Anxious ❑ Depressed ❑ Angry ❑ Euphoric ❑ Other: __________
4. Affect: ❑ Normal ❑ Intense ❑ Blunted ❑ Inappropriate ❑ Labile ❑ Other:____________
5. Mental status: ❑ Normal ❑ Lack awareness ❑ Memory problems ❑ Disoriented ❑ Confused
   ❑ Disorganized ❑ Vigilant ❑ Delusions ❑ Hallucinations ❑ Other:____________________
6. Suicide/violence risk: ❑ Almost none ❑ Ideation ❑ Threat ❑ Rehearsal ❑ Gesture ❑ Attempt
7. Change in stressors: ❑ Less severe/fewer ❑ Different stressors ❑ More/more severe ❑ Chronic
8. Change in coping ability/skills: ❑ No change ❑ Improved ❑ Less able ❑ Much less able
9. Change in symptoms: ❑ Same ❑ Less severe ❑ Resolved ❑ More severe ❑ Much worse
10. Other observations/evaluations:______________________________________________

In-session procedures:
❑ ___________________________________________________________________________
❑ ___________________________________________________________________________
❑ ___________________________________________________________________________
❑ ___________________________________________________________________________
❑ ___________________________________________________________________________

Homework:
1. ___________________________________________________________________________
2. ___________________________________________________________________________
3. ___________________________________________________________________________

Other Comments:
_______________________________________________________________________________
_______________________________________________________________________________
_______________________________________________________________________________
_______________________________________________________________________________

Signatures ___________________________________________________________ Date __________